

# What does the Bible say about Identity

## Youth Session



### Game: Who Am I?

Nominate a young person to think of a famous person. The rest of the group have 20 questions to ask the young person to be able to guess the celebrity. The young person can only answer the questions 'Yes' or 'No'.

### Video: Identity in Christ

This video explains some of the Biblical basis for our identity in Christ. You can search for it on YouTube searching: Your Identity in Christ Cleon Alleyne. Or the link to YouTube is: <https://www.youtube.com/watch?v=hsDQEb-qlyM>

### Game: Guess Who?

Gather a baby photo of each leader in your group and get the young people to guess which leader belongs to each picture.

### Activity: Celebrity Identity

Choose 15-20 celebrity names. You could print out their pictures or just have their names written out. Get the young people to sort the celebrities into groups based on what forms their identity. You can use groupings like: job, famous friends, family line, strange skills. The point of this activity is to help the young people think about where they place their identity and how they perceive other people's identity.

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### Activity/Craft: Graffiti Truth of our Identity

Get the young people to create graffiti or large paintings using truths from the Bible about their identity. They might want to choose one truth or choose lots and paint them together. You can use the list of verses and truths below.

Accepted, Ephesians 1: 6  
Loved, Ephesians 1: 4  
Adopted, Ephesians 1: 5, 6  
Forgiven, Ephesians 1: 7  
A child of God, Romans 8: 16  
A friend of Jesus, John 15: 14  
Saved by grace, Ephesians 2: 8  
Chosen, John 15: 16  
Complete, Colossians 2: 10  
Redeemed, Galatians 3: 13  
Rescued, Colossians 1: 13  
Cared for, 1 Peter 5: 7  
Blessed, Ephesians 1: 3  
Healed, 1 Peter 2: 24  
Eternal, 1 John 5: 11, 12  
A new person, 2 Corinthians 5: 17  
A masterpiece, Ephesians 2: 10  
An heir, Romans 8: 17  
A temple, 1 Peter 2: 5  
An example, Ephesians 5: 1

Declared not guilty, Romans 3: 24  
Not condemned, Romans 8: 1  
Made right with God, 2 Corinthians 5: 21  
Led by the Spirit, Romans 8: 14  
Living by faith, 2 Corinthians 5: 7  
Being transformed, Romans 12: 1, 2  
Not afraid, 2 Timothy 1: 7  
Strong in the Lord, Ephesians 6: 10  
Victorious, Romans 8: 37  
An overcomer, 1 John 4: 4  
A co-worker with God, 1 Corinthians 3: 9  
A workman, Philippians 2: 13  
One in Christ with other believers, Galatians 3: 28  
Part of the church, Ephesians 5: 29, 30  
In his image, Genesis 1v27

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### Discussion & Application:

Share that: Our identity being in Christ gives us stability. It will remain firm because He remains firm. However if we place our identity in temporary things, it won't last. Our identity in Christ gives us self-worth. He is the most glorious and we are made in his image and chosen by Him. How amazing! Our identity being in Christ gives us purpose, to follow Him, serve Him and become more like Him.

You might want to share a testimony from your leaders or a parish member about finding their identity in Christ.

(Using aspects from article available in full:

<http://ministrytodaymag.com/life/counseling/21942-helping-youth-find-their-identity-in-christ>)

1. What do you think your identity is made up of? Is it from groups you are a part of? What roles do you have that add to your identity? What things do you do that add to your identity?
2. How might you answer the question 'Who Am I?'
3. How does affect our behavior and our thoughts basing our identity on these things?
4. If we believed all the truths in the Bible about our identity - how would we feel? What difference would it make to how we act? Would we worry about what others thought of us?