

Game: Head, Shoulders, Knees, Cup!



Purpose: A big mixer! Without much preparation!

Everyone finds a partner. Place a plastic or paper cup equal distance between each partner.

Your leader stands in the middle and at random shouts out:

Head

Shoulders

Knees

or Cup

As you name each body part, the participants place both hands on the head etc.

When you say cup, they compete to grab it.

Winner finds another winner.