

Game: Links



Purpose: An opportunity to get everyone running around!

Everyone gets a partner and each pairing links arms on one side. Choose one pair to start off by running and chasing each other. If the chaser catches the runner, they swap over.

The runner can join onto any linking pair, so the runner and the person they join become a new pair, with the third person becoming the new runner. The chaser should go from chasing the old runner to chasing the new runner once the join has been made! They can catch the new runner before they've realised if they are doing well!

With a bigger group, you can add more than one pair in chasing each other!