

Game: Olé



Purpose: Active game to get young people mixing.

What do you need: A ball

Get all your group to stand in a circle. Get them all to spread their legs at least shoulder width apart, if not more. Then get everyone to ensure their feet are touching their neighbours. Try to make sure everyone's legs are as wide as anothers, to ensure it is fair.

The aim of the game is to get the ball through other people's legs. Each player gets to use their hands to defend against this. A player loses a hand if it goes through their legs once, and if it goes through twice they are out. Once a player goes out, the circle closes up the space. You can only move the ball with your hands, no feet or heads! The title of the game comes in as everytime it goes through someone's legs, the whole group shouts OLÉ (sounding like olay)!