

Game: Sprout Ball



Purpose: a great game that you could play as young people arrive and add them into the game to get people involved

What do you need: a couple of dodgeballs, or soft footballs

This game runs as each player for themselves, no teams. The aim is to be the last person standing!

If you have a ball, you must throw it with both hands and you can't move once you pick up a ball. You want to try and knock out any other players. If you get hit, you sit down where you get hit. Also if you throw a ball and it gets caught, you are also out. Remember who hits you, because if they get hit, you can 'sprout' up and rejoin the game! Active players can use those sitting to pass the ball to help them travel across the room.

Here's a video which explains the rules:

<https://www.youtube.com/watch?v=raj7Qqbd7D0>