

“Prayer is keeping
company with God”
Clement of Alexandria

Jesus says “walk with me and
work with me – watch how I do
it. Learn the unforced rhythms of
grace”.
Matthew 11:29 (The Message)

*For further information contact
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‘Equipping the Saints’

Bishop Alan
Abernethy

February – March
2008

7.30 pm – 9.30 pm

Booking Form

I wish to book for the forthcoming
'Equipping the Saints' seminars on prayer

Name

Parish

Contact Number

*Please indicate the number of places you wish to book
in the relevant box opposite the relevant venue*

Seminar One

Belfast Castle, Tues 5th Feb

Comfort Inn Antrim, Mon 11th Feb

Royal Court Hotel, Portrush Tues 19th Feb

Seminar Two

Belfast Castle, Mon 25th Feb

Comfort Inn Antrim, Tues 4th Mar

Royal Court Hotel, Portrush Mon 10th Mar

Please return to **Mrs Rosemary Patterson, Bishop's
Secretary, Church of Ireland House, 61-67 Donegall
Street, Belfast, BT1 2QH**

'Equipping the Saints'

Bishop Alan will lead two seminars on prayer. These seminars will be repeated in three venues across the Diocese during February and March.

Seminar one

This session will ask the following questions. How would you describe God? What is prayer? Why pray? It will also help us reflect upon our journey in prayer.

**Belfast Castle, Tues 5th Feb
Comfort Inn, Antrim, Mon 11th Feb
Royal Court Hotel, Portrush, 19th Feb**

Seminar two

This will be a more practical session looking at liturgical prayer, signs and symbols for prayer, journaling, silence and meditation.

**Belfast Castle, Mon 25th Feb,
Comfort Inn, Antrim, Tues 4th Mar
Royal Court Hotel, Portrush, Mon 10th Mar**

Places are limited, so please book as early as possible.

***There is no charge for the seminars, but there
will be a retiring collection towards the
Diocesan Building for Generations fund***