



Faith: Youth Session

Introducing Faith, Hope & Love - A series of three sessions based on I Thessalonians 1v2-3 "We always thank God for all of you and continually mention you in our prayers. We remember before our God and Father your work produced by faith, your labour prompted by love, and your endurance inspired by hope in our Lord Jesus Christ."

These sessions can be used as stand alone or together as a series of three.

Prayer Example

Heavenly Father,

Thank you God that you are creator, in control, that you exist, that you keep your promises and you are worth suffering for. We thank you for Jesus & that he suffered for us. We are sorry for the times we don't put you first, whether that be through ignoring your word or hurting your people. Help us to understand your forgiveness and have faith in you even when it is really difficult. Help us to have faith when we are under pressure or when we feel like everything is going wrong. Help us to have faith when we feel like we can work hard enough so we don't need you. Thank you that you love us and welcome us back. In Jesus name, Amen.

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Thought/Discussion Starter

1. Faith means believing in God
2. Faith means accepting forgiveness
3. Faith means grace is a free gift

1. Believing in God

To believe in God we need to be sure of who He is. Many people believe in God but we want to know who the God of the Bible is. Therefore by faith, we believe in the God we read about in the bible. The bible tells us about God's people living out their faith in Him. We see this particularly in Hebrews 11 which talks about men & women of God who had faith and we want to explore the God and his characteristics that they had faith in.

2. Accepting forgiveness

Hebrews 11v1 says "Now faith is confidence in what we hope for and assurance about what we do not see". Therefore like faith, often we can think that forgiveness does not extend to us or we can't grasp it fully because we do not see it. We have to have faith in our God of justice to accept us when we turn to him. We believe & have faith that when we say sorry that he forgives us.

3. Grace is a free gift

Not only does God forgive us, but he welcomes us. He doesn't just wipe out the punishment but he treats us with honour & delight.
- You might want to share here about your experience understanding and applying God's grace to your life. What does it mean to you that he freely forgives?

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Activity: Match the Pairs

The activity aims to get the young people to pair a Bible Verse with a characteristic about God. Using the suggested verses and words below to create memory cards. You want to ensure young people can't see the words through the paper so you might want to write on card.

For the activity have all the 10 cards facing down, so you can't read what they say, and mix up the cards with verses and words. Get the young people in two teams and get them to turn over two cards for each turn. Once a Bible verse is turned over the team can use a Bible to look up the verse. They have to try and remember where the pairs are. Once they get a pair, they win it and can take it away. The team with the most pairs wins!

Hebrews 11v3 - IS CREATOR

Hebrews 11v5 - IS IN CONTROL

Hebrews 11v6 - EXISTS

Hebrews 11v11 - KEEPS HIS PROMISES

Hebrews 11v25 - WORTH SUFFERING FOR