

# Game: Bodyguard



**Purpose:** an active game to get everyone mixing

**What do you need:** one small dodgeball or soft football

Get everyone gathered in a circle. Pick two people to start the game, one to be the bodyguard & one to be the leader. The bodyguard's job is to protect the leader. The rest of the group have to try and get the ball to hit the leader. Get the young people to work together to get the leader.

If you hit the leader, you become the bodyguard & the previous bodyguard becomes the leader. The leader who got hit rejoins the circle.

A video guide is here: <https://www.youtube.com/watch?v=Imb6VCCWsQg>