



One Body Game

This game is to help young people think about church as one body with many different parts. You might want to play this with one team of young people or have several teams racing against each other depending on your numbers. For each team formed **you will need:**

- 1 massive tshirt
- 1 massive pair of sweatpants
- 3 blindfolds
- 1 laundry basket
- Objects to be put into basket

Form teams of 4 players each:

- 1-person is the "eyes & mouth"
- 1-person is the "brain"
- 1-person is "1/2 the body"
- 1-person is other "1/2 of body"

Get prepared for game:

- "Body" gets into the sweat pants and shirt together (then blindfold them).
- The "Brain" stands behind the "Body" and is blindfolded (may hold on to back of sweat shirt.)
- The "eyes & mouth" stands next to the "Brain."



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How to play:

- The "Eyes and mouth" whispers to the "brain" what to tell the "Body" to do.
- The body tries to get the pre-designated objects into their own basket.
- When all objects are found and in their basket, Team sits down.
- "Eyes & mouth" yells "DONE!"
- First team to sit wins!

Rules:

- No peeking!
- "Eyes & mouth" must only "whisper" to the "Brain."
- "Brain is the only one who can "talk."
- Body may not use their arm or hand that is inside of the sweat shirt.

Object ideas:

- Gallon size food cans
- Twisted pipe cleaners "on" each basket
- Large ball

This game works best if the objects cannot be picked up with one hand. Have the same kind of object for each team to pick up.

This game is from: <http://www.thesource4ym.com/games/game.aspx?ID=437>