

Musical Chairs Prayer

Everyone in the group writes a prayer about a particular topic that you are focussing on. With younger children you could ask them to add a few words to a prayer starter. Help the children to tape their prayer to the back of the chair.

Play music. When the music stops, each person finds a chair and prays the prayer that is on their chair.



Catapult Prayers

Build a simple catapult like the one below. (Find the instructions on the Ripple website.)

Give everyone an object like a plastic ball or rolled up piece of paper. Ask them to write a word / phrase / picture on to the object that represents something they are aiming for in the future - can be a character trait or an activity or a goal.



Build the Lord's Prayer

Write words from the Lord's Prayer onto sticky labels and stick them onto plastic cups- one phrase per cup. Divide your group into teams of 4-6. Each group is given a stack of cups with the phrases jumbled up. Teams must build a pyramid of cups in the correct order to reveal the Lord's prayer.



Pyramid made with 28 cups with "Our Father" on top so prayer must be built backwards- younger children will need to refer to a written copy of Lord's Prayer. Great for age 8+

Balloon Prayers

Divide your group into teams of 5 or 6 and give each team a balloon. On the balloon can be a word like 'please', 'sorry' or 'thanks' or something else. The aim is to keep the balloon in the air as a group - each time a group member heads / hits the balloon they have to speak out something in response to the word. You can introduce more balloons too.



Wool prayers

Divide everyone into groups of 5-6 and ask each group to form a circle. Give one person from each group a ball of wool. They loop the end round their finger and then toss the ball to someone else across the circle. The person who catches the ball of wool loops a bit of the wool round their finger and then throws the ball to someone else. This continues until everyone in the group has caught the ball of wool at least once and preferably 2 or 3 times. Ask everyone to see who they are connected to via the wool and to pray for that person. Repeat for the other connections. You could give everyone time to share one pray request with the group.

