

# Explore the story

## Tissue paper Hearts

Choose 3 colours of tissue paper to decorate your heart. Scrunch up each square of tissue paper into a ball and stick onto your card heart with PVA glue. Keep the pieces fitting tightly together with no gaps. Add a piece of ribbon or string to hang up.



Think about all the ways love was shown in the stories of 'Ruth', 'Naaman and the servant girl', and 'Esther'.

How do you show love for your family and friends?

# Eat the Story Soda Farls

Work alongside a leader to make some soda farls.

Weigh out 250g soda flour and put into a bowl along with  $\frac{1}{2}$  teaspoon of salt and mix together. Measure out 250 ml of buttermilk. Make a well in the centre of your flour and pour in the buttermilk.

Work quickly to mix into a dough. Once it has come together lift out onto a well-floured surface and knead very lightly. Form into a flattened circle, about 1cm thick and cut into quarters with a floured knife.

Your leader will then put the farls into a frying pan to cook. When ready add some butter and jam and enjoy eating.



What job did Ruth do when she first arrived in Bethlehem?

What did Ruth do with the grain she collected from the fields?

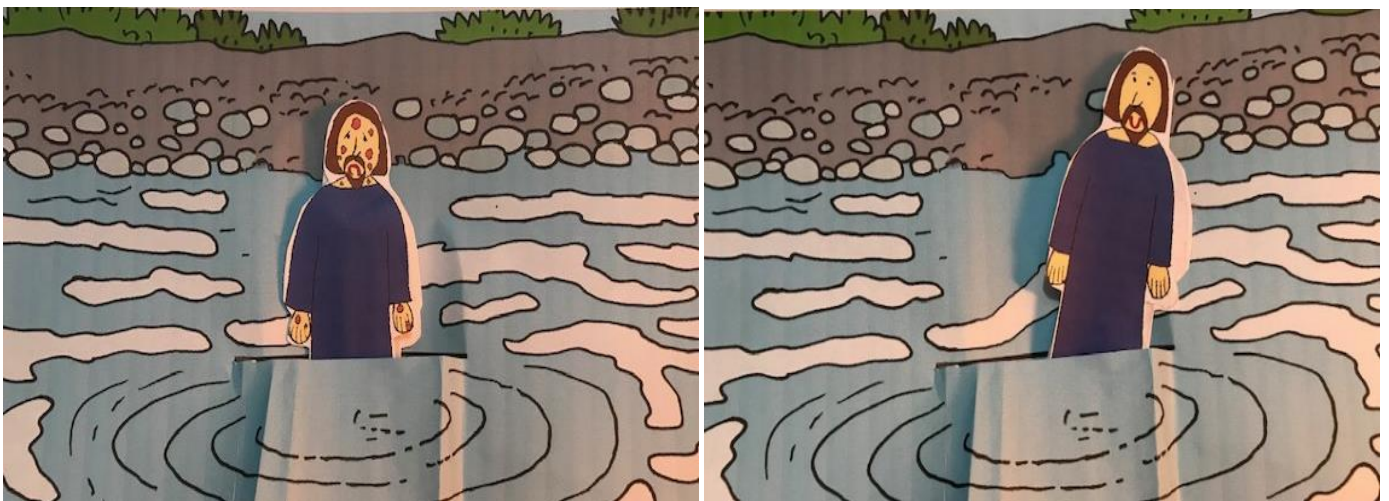
# Recreate a scene

## Naaman puppet

Cut round your 2 Naaman figures showing Naaman sick and then healed. Tape a straw or wooden craft stick to the back of one of the Naaman figures and stick the second picture on top.

Cut a slit in the middle of the background sheet. To re-enact the scene, retell the part of the story where Naaman goes to the river Jordan and dips himself in under the water 7 times.

Have 'spotty' Naaman coming up out of the river 6 times and then, on the 7th time, turn the puppet round to show the 'healed' side!



# Make the story

## Strengthened Heart

Choose a few different colours of wool. Cut off a length of wool and thread a needle. Tie a knot in the end of the wool. Push the needle through holes in any order so that your wool stretches across the cut-out heart. Repeat with a few different colours until your heart is covered with wool. You can decorate the rest of your plate if you like.



Esther showed great love for her people, but she also showed that she had a great deal of courage in her heart.

Can you think of a time when you needed to show love to others or needed to be brave so you could help others?

Sometimes we might feel that we need God to help us to be stronger in such situations. We can rely on God when we need to draw on his strength and love.

# Live the Story

## Friendship bracelet

Make a friendship bracelet for a friend to show you love them.

Cut a length of elastic long enough to go loosely around your wrist. Thread beads on to the elastic. If using letter beads to spell a word or a name, tying a knot in the elastic at each side of the word will keep it in place. When you are happy with the beads on your bracelet, tie the ends of your elastic into a knot to form your bracelet. Give your bracelet to your friend.



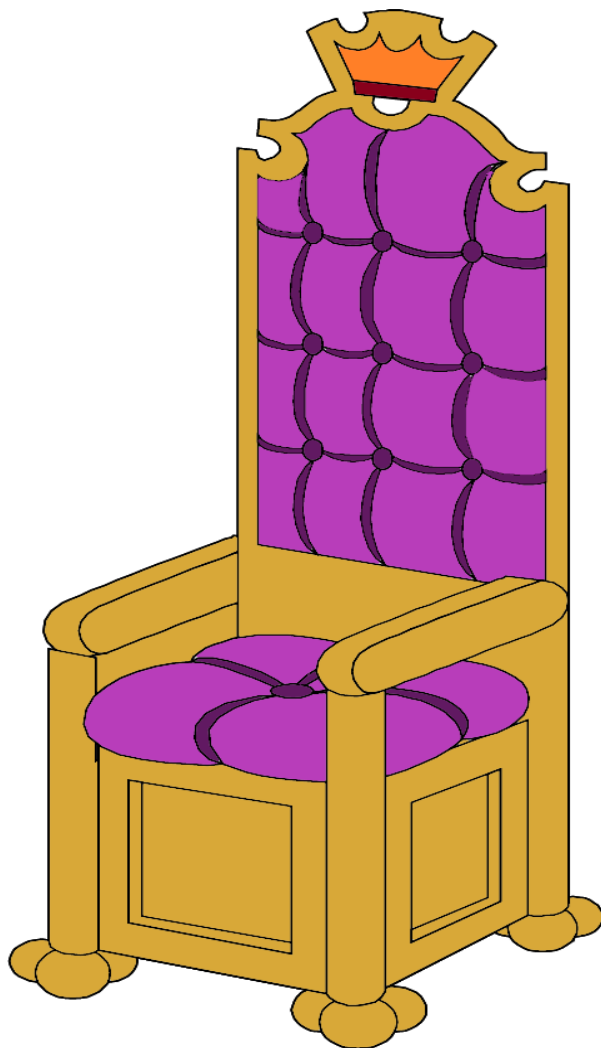
The women in our stories showed love, friendship, and loyalty.

How can we show loyalty and love to a friend?

# Draw the Story

## Design a throne

Use the template provided or draw your own throne. Add your design ideas to make the most luxurious, expensive throne you can imagine.



Esther became the Queen of Persia but why do you think God placed her in this position of power?