



# family MATTERS

6 individual sessions run on Thursday evenings during May & June aimed at supporting parents, carers and leaders in family life.

- ✔ St John's Halls Ballyclare
- ✔ Expert Speakers
- ✔ Free Events



Contact Us  
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Book your place  
[bit.ly/ballyclarefamily](https://bit.ly/ballyclarefamily)



THE UNITED PARISH  
Christ Church & St John's



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# EVENTS Schedule

14th May      **Birds & the bees**      Love for Life

Building confidence to support your children and young people as they grow up, navigating puberty and developing relationships with others.

21st May      **Love Matters**      Care for the Family

Helping parents nurture their relationship, deepen their love for one another, and stay connected amid the busyness of family life.

28th May      **Face to Facebook**      Love for Life

Understanding how we can support our children and young people in a digital world.

4th June      **Anchored**      Love for Life

Exploring God's life-giving story for our children, and exploring what the bible says about who we are, relationships and sex.

11th June      **Healthy Minds**      Made for More

Understanding the struggles of mental health faced by our young people today and how we can support them.

18th June      **Men behaving Dadly**      Legacy

Exploring the role of a godly father. Equipping men to become role models, nurturing faith and becoming disciple makers in our homes.

We believe that God wants to equip and shape families as they raise up a future generation. **Family Matters** is a six-week programme designed to support and strengthen family life. Each session stands on its own, so you're free to attend as many as you can. With the expertise of a number of Northern Ireland organisations, we'll explore real-life challenges faced by families with children, offering practical insight, encouragement, and space to reflect. Whether you come for one week or all six, you'll find a warm welcome and helpful support as you navigate family life. Each Thursday evening will commence at 7.30pm.